



elements massage®

Client Name _____

How can we stay in touch? Check all that apply

- Weekly Email Appointment Availability Monthly E-Newsletter Periodic E-mail Special Offers
 Facebook (like Elements Therapeutic Massage) Twitter (follow @ETMWFB) Linked In (connect with Aimee Matchette)

How did you hear about Elements?

- Google search Yelp Facebook Spa Finder Postcard Money Mailer Drive By/sign
 Referral Bay Leaves Magazine E-mail TV Radio Billboard
Other _____

If you were referred, please let us know by whom so that we can **personally** thank her or him:

Who referred you? _____

What physical activities do you participate in regularly?

This can help define areas that may require more attention during your massage:

- Cycling Golf Martial Arts/Kick boxing Pilates Yoga Running
 Swimming Tennis Walking Weight training Other _____

Have you had massage therapy before? Yes No

What are you looking for in your massage? (Check all that apply)

- Relaxation Pain Relief Sport Specific Therapy While Undergoing Physical Therapy
 Deep Tissue Work Stress Management Other _____

If you have had massage before, how often do you have massage therapy?

- Weekly A couple times per month Monthly 6 times or more per year
 6 times or less per year

I do not receive massage therapy more often because:

- Cost I neglect to schedule it Inconvenience Time Other _____

I would receive massage therapy more often if:

Are you aware that Elements offers a wonderful discounted month-to-month Massage wellness program and discounted massage packages? yes no