

## PERSONAL INFORMATION

Client Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone numbers (c): \_\_\_\_\_ (h): \_\_\_\_\_ (w): \_\_\_\_\_

e-mail address\*: \_\_\_\_\_

How would you like to be notified of your appointments?

telephone     e-mail     mobile text message (*standard carrier rates may apply, list carrier name: \_\_\_\_\_*)

May we leave a phone message with another person at the above phone number(s)?     Yes     No

How did you hear about Elements Therapeutic Massage?: \_\_\_\_\_

Occupation: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

## MEDICAL AND HEALTH INFORMATION

Emergency contact name and telephone number: \_\_\_\_\_

Are you enrolled in a Section 125 Health Savings Account (HSA), Flexible Spending Account (FSA), or Health Reimbursement Account (HRA)?     Yes     No

Please check all that apply:

headaches     neck pain     back pain     jaw clenching / teeth grinding

leg / knee pain     seizures     bruise easily     high blood pressure

varicose veins     wear eye contacts     diabetes

numbness / tingling, if so: where? \_\_\_\_\_

active cancer, if so please request and complete the Oncology Intake Form.

Do you have any allergies and/or skin sensitivities?     Yes     No

If yes, please list: \_\_\_\_\_

Our lotion products may contain nut oils. Are you allergic to nut or nut products?     Yes     No

If yes, please list the types of nuts: \_\_\_\_\_

Accidents, injuries and/or surgeries in the last two years? Please list, including date of occurrence:

\_\_\_\_\_

Please list any conditions or side-effects you have and/or medications you are taking associated with these conditions:

\_\_\_\_\_

Are you pregnant or trying to become pregnant?     Yes     No

If yes, how many weeks: \_\_\_\_\_ Approximate Due Date: \_\_\_\_\_

Postpartum two years or less?     Yes     No    Birth Date \_\_\_\_\_

Are there any additional medical issues we should know about? \_\_\_\_\_

By signing below, I agree that I have read and understand the following:

I understand that massage is not a replacement for medical care and that no medical diagnosis will be made. Any illicit or sexually suggestive comments or actions made by me will result in immediate termination of the session and I am responsible for full payment.

Cancellation Policy: Should I cancel or miss an appointment with less than 24 hours notice, I authorize this Elements Therapeutic Massage® studio to charge my VISA/Mastercard/American Express/Discover Card or checking account for the full session fee.

E-mail Policy: We will use your e-mail address for appointment reminders, promotions and news from Elements Therapeutic Massage®. Your privacy is important to us. We will not sell, rent, or give your name or address to anyone. To unsubscribe, or to receive less or more information, you can select a link at the bottom of every e-mail.

\_\_\_\_\_ (Initial Here) I acknowledge that I have received Notice of HIPAA Privacy Practices.

Therapist Initials:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_